

City of Watervliet

2018

www.watervliet.com

(518) 270-3815

Summer Recreation

Happenings



Swim Skills...Tuesdays & Wednesdays, July 10th-August 1st—9:15-10:00 or 10:00-10:45. **Students must be 42" tall and will**

be tested to determine swim level. Non-residents: \$50. *Civic Center day campers who do not pass a swim test will be required to attend swim skills on Monday and Thursday mornings.*



ADULT AQUA ACTION

...Tuesdays & Thursdays, June 19-August 23 6:00-7:00 p.m. This adult water

aerobics class is a fresh alternative to land aerobics with minimal impact to the joints. This high energy workout offers cardio and muscular gains. Experience how much fun it can be to get fit. Registration fee \$65; Watervliet Seniors Age 62+ - no charge (proof of residency required); Walk-ins \$5.50/class.

POOL INFORMATION

Residents will need an ID card to gain access to the pool. ID cards are being issued M-F at the DOME from 12:00-5:00 p.m. from Monday, June 18th-Friday, July 6th (passes will not be issued on Wednesday, July 4th). After July 6th, ID cards will be issued at City Hall between the hours of 9:00 a.m.-3:00 p.m. Cards cost \$3.00 for ages 5-12 and \$5.00 for ages 13+. There is no charge for ages 62+. Please bring proof of residency. Passes for non-residents are as follows: \$20.00 for ages 5-12, \$30.00 for ages 13+, and \$15 for non-resident ages 62+.

The public swim hours at the pool are as follows: Monday-Friday 12-6 and Saturday 12-4. The pool is closed on Sundays. In the case of extreme heat, the pool hours may be extended.

Please check the City's website (www.watervliet.com) for additional activities throughout the summer.



Concerts will be at the Watervliet Hudson Riverfront Park on Tuesday, June 12th featuring *Back Band 40*; Tuesday, June 26th featuring *Dashboard Anthem*; Tuesday, July 10th featuring *Let's Be Frank*; Tuesday, July 24th featuring *Grit-N-Whiskey*; Tuesday, August 7th featuring *Beautiful Danger*; Tuesday, August 21st featuring *Tom Corrigan* and Tuesday September 11th (band *TBA*). Concerts are from 6:00-8:00 p.m. and are free of charge. All you need to bring is your lawn chair and refreshments.

The **ARSENAL CITY RUN is Sunday, September 23rd.** Activities begin at 9:00 a.m. with the 1 Mile Fun Run at 9:30 and the 5K at 10:00. We will continue to offer prize money, and it will be open to all participating runners. Categories will include overall male, overall female and overall team (2 males, 1 female/must be at least 20 years old) and each category will have a Watervliet resident component (address within City limits—not zip code). Following the race, join us at the Dome for live music, food, drink, bouncy bounce, awards, etc. Fun for the entire family! Call 270-3815 for an application.

Fill out the form below and return it to City Hall to the attention of Chris Chartrand. If you have any questions, please call 270-3815

Swimming Aqua Aerobics

Name_____ M__ F__

Address_____ City_____, NY

Phone #_____

If applicable, Grade ___ School_____

Email_____

Does participant have any allergies, medical conditions or other needs which we should be aware? __Yes __No

If yes, please explain:

General Waiver of Liability: I OR my child, _____, plan(s) to participate in the Watervliet Recreation Department's Program, and by signing this release, I understand that the City of Watervliet will not be held responsible for injury to person or property.

Participant's Signature_____

Parent's Signature_____

Date:_____



