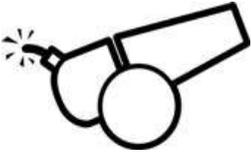


# Arsenal City Run & Community Day

ORGANIZED BY

THE CITY OF WATERVLIET AND  
MAYOR MICHAEL MANNING



Sunday, September 22, 2019

Fun Run - 9:30 a.m. 5K - 10:00 a.m.

## EARLY BIRD REGISTRATION FORM

Mark your calendar and plan on attending this fun-filled day. Sign up before August 4<sup>th</sup> (must be postmarked by August 3<sup>rd</sup>) and get \$5.00 off of the \$15.00 registration fee (race day registration \$25.00). Prize money will be awarded as follows:

|   |                 |
|---|-----------------|
| Top M/F - 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> place     | \$100/\$50/\$25 |
| Top M/F - Watervliet Resident - 1 <sup>st</sup> & 2 <sup>nd</sup> place | \$100/\$50      |
| Top M/F - Sponsored Runner - 1 <sup>st</sup> & 2 <sup>nd</sup> place    | \$100/\$50      |

### POST RACE FESTIVITIES AT THE DOME AND INCLUDE:

- ☺ Food and drink items
- ☺ Live Music
- ☺ Bouncy Bounce, Face Painting, Balloons

### ARSENAL CITY RUN - Entry Form

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Name \_\_\_\_\_ Sex  M  F Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Business \_\_\_\_\_ T-Shirt size:  S  M  L  XL

Race Entered:  5K - \$15.00 (\$10.00 if registered before 8/4/19  
(participants can also register online at [www.zippyreg.com](http://www.zippyreg.com) -  
enter coupon code **EARLYBIRD**)

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I might have against the Watervliet Recreation Department, City of Watervliet, and County of Albany, their representatives, assessors and assigns for all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for this race. My physical condition has been verified by a licensed medical doctor

Signature \_\_\_\_\_ Date \_\_\_\_\_